



**FOODNET**  
MEALS ON WHEELS

**Foodnet Expands Service to Deliver Emergency Meals for Individuals/Families in Isolation or Quarantine Regardless of Age**

| Eligibility   | Meal Options   | Referral Process   | Availability   |
|---|--|--|--|
| <ul style="list-style-type: none"> <li>• Individuals/Households regardless of age who are in quarantine or isolation due to COVID</li> <li>• Individuals/Households requiring one-time delivery of emergency bulk meals while long-term services are being established by another entity</li> <li>• Tompkins County Resident</li> </ul> | <ul style="list-style-type: none"> <li>• One time delivery of 14 frozen meals per individual</li> <li>• One time delivery of 14 bulk frozen meals for families (i.e. family style pans of main entrée and side dishes)</li> </ul> <p>*portions will depend on the number of family members</p> <p>*milk can be provided, if needed</p> <p>*number of meals/deliveries can be adjusted depending on storage</p> | <ul style="list-style-type: none"> <li>• Individuals can call Tompkins County 2-1-1</li> <li>• Referrals can come from outside referral sources (i.e. United Way, Tompkins County Health Department, Tompkins Food Distribution Team Organizations, Community Healthcare system etc.)</li> <li>• Self-referrals directly to Foodnet Meals on Wheels</li> </ul> | <ul style="list-style-type: none"> <li>• February 3rd through May 31, 2021</li> <li>• Monday-Friday 7am-3:30pm</li> <li>• Can provide same-day deliveries for individuals (2-person households) if referral comes before 12 noon (potentially after 12 noon if there is a critical need)</li> <li>• Bulk- Family meals will require 1-day notice (if there is a critical need, we will provide a small supply of meals urgently and the remainder of meals the following day)</li> </ul> <p>* Availability is subject to change depending on demand for services</p> |

**Foodnet Contacts for Referrals: 607-266-9553**

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